

# **DOUGLAS EDUCATION CENTER**

## **DRUG AND ALCOHOL ABUSE PREVENTION STUDENT CONDUCT POLICY (2026)**

## **DRUG AND ALCOHOL ABUSE PREVENTION POLICY**

### **POLICY STATEMENT**

In compliance with the Drug-Free Schools and Communities Act of 1989, Douglas Education Center has established the following policy to ensure a drug – free learning environment. Douglas Education Center prohibits students from the unlawful manufacture, distribution, dispensation, possession, sale or use of alcohol or a controlled substance, or being under the influence of the same while at the institution or while attending or participating in school related activities on or off school grounds.

### **POLICY DISSEMINATION**

All new students receive the **DRUG AND ALCOHOL ABUSE PREVENTION POLICY** during the enrollment process. A copy of the policy is also distributed to continuing students via personal email during the fall semester. Students may also obtain a copy of the policy at any other time by contacting the Education Department.

### **SCHOOL SANCTIONS**

The following sanctions will be imposed on a student in violation of the policy regarding use, possession, or being under the influence. Douglas Education Center reserves the right to contact law enforcement if unusual conduct on the student's part suggests impairment or influence of drugs or alcohol.

- **FIRST INFRACTION** – The student will be advised by the Education Department/Primary Campus Security Authority to voluntarily seek professional counseling.
- **SECOND INFRACTION** – The student will be advised by the Education Department/Primary Campus Security Authority to continue voluntary professional counseling. Alternatively, the student may choose to attend an in-patient treatment program.
- **THIRD INFRACTION** – The student will be administratively withdrawn from Douglas Education Center.

The following sanctions will be imposed on a student in violation of the policy regarding the selling or trafficking of controlled substances.

- **FIRST INFRACTION** – Immediate administrative withdrawal and referral to the proper authorities for prosecution.

**Douglas Education Center reserves the right, in extreme cases, to immediately dismiss any student in violation of this policy, the above outlined procedure notwithstanding. Douglas Education Center further reserves the right to refer students to proper legal authorities for prosecution.**

### **LEGAL SANCTIONS**

Douglas Education Center may refer students to the proper local, state or federal law enforcement agency for arrest and prosecution for violations of drug and alcohol laws. A summary of state, federal, and local sanctions, if applicable, is below. While Douglas Education Center has exercised prudent judgment in compiling legal sanctions, it should not be construed

to be all-inclusive. Legal sanctions are presented for informational purposes only and do not represent legal advice. Students are encouraged to read the attached information carefully.

## **FEDERAL PENALTIES AND SANCTIONS FOR ILLEGAL POSSESSION OF A CONTROLLED SUBSTANCE**

### **21 U.S.C. 844(a)**

1st conviction: Up to 1 year imprisonment and fined at least \$1,000 but not more than \$100,000, or both.

After 1 prior drug conviction: At least 15 days in prison, not to exceed 2 years and fined at least \$2,500 but not more than \$250,000, or both.

After 2 or more prior drug convictions: At least 90 days in prison, not to exceed 3 years and fined at least \$5,000 but not more than \$250,000, or both.

Special sentencing provisions for possession of crack cocaine: Mandatory at least 5 years in prison, not to exceed 20 years and fined up to \$250,000, or both, if:

- (a) 1st conviction and the amount of crack possessed exceeds 5 grams.
- (b) 2nd crack conviction and the amount of crack possessed exceeds 3 grams.
- (c) 3rd or subsequent crack conviction and the amount of crack possessed exceeds 1 gram.

### **21 U.S.C. 853(a)(2) and 881(a)(7)**

Forfeiture of personal and real property used to possess or to facilitate possession of a controlled substance if that offense is punishable by more than 1 year imprisonment. (See special sentencing provisions re: crack.)

### **21 U.S.C. 881(a)(4)**

Forfeiture of vehicles, boats, aircraft or any other conveyance used to transport or conceal a controlled substance.

### **21 U.S.C. 844a**

Civil fine of up to \$10,000 (pending adoption of final regulations).

### **21 U.S.C. 853a**

Denial of Federal benefits, such as student loans, grants, contracts, and professional and commercial licenses, up to 1 year for first offense, up to 5 years for second and subsequent offenses.

### **18 U.S.C. 922(g)**

Ineligible to receive or purchase a firearm.

## **MISCELLANEOUS**

Revocation of certain Federal licenses and benefits, e.g. pilot licenses, public housing tenancy, etc., are vested within the authorities of individual Federal agencies.

Note: These are only Federal penalties and sanctions. Additional State penalties and sanctions may apply.

Applicable state regulations can be found from the following:

|              |                |                                                                                                                                                                               |
|--------------|----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Pennsylvania | Marijuana Laws | <a href="https://statelaws.findlaw.com/pennsylvania-law/pennsylvania-marijuana-laws.html">https://statelaws.findlaw.com/pennsylvania-law/pennsylvania-marijuana-laws.html</a> |
|              | Cocaine Laws   | <a href="https://statelaws.findlaw.com/pennsylvania-law/pennsylvania-cocaine-laws.html">https://statelaws.findlaw.com/pennsylvania-law/pennsylvania-cocaine-laws.html</a>     |
|              | Heroin Laws    | <a href="https://statelaws.findlaw.com/pennsylvania-law/pennsylvania-heroin-laws.html">https://statelaws.findlaw.com/pennsylvania-law/pennsylvania-heroin-laws.html</a>       |
|              | DUI Laws       | <a href="https://dui.findlaw.com/dui-laws-resources/state-by-state-dui-penalties.html">https://dui.findlaw.com/dui-laws-resources/state-by-state-dui-penalties.html</a>       |

## HEALTH RISKS

Douglas Education Center has included information on the health risks of using and abusing drugs and alcohol. Please see the information below, or visit <https://nida.nih.gov/research-topics/commonly-used-drugs-charts> for the most recent data.

| NARCOTICS—Uses and Effects |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Drugs                      | Dependence potential                                                                                                                                                                                          | Possible effects                                                                                                                                                                 | Effects of overdose                                                                                                                                                                                                                     | Withdrawal syndrome                                                                                                                                                                                                                                                                                                                    |
| Heroin                     | Physical dependence is a consequence of chronic opioid use, and withdrawal takes place when drug use is discontinued.                                                                                         | <ul style="list-style-type: none"> <li>Euphoria</li> <li>Drowsiness</li> <li>Slowed breathing or "respiratory depression"</li> <li>Constricted pupils</li> <li>Nausea</li> </ul> | <ul style="list-style-type: none"> <li>Slow and shallow breathing</li> <li>Clammy skin</li> <li>Convulsions</li> <li>Coma</li> <li>Confusion</li> <li>Extreme drowsiness</li> <li>Constricted pupils</li> <li>Possible death</li> </ul> | <ul style="list-style-type: none"> <li>Yawning</li> <li>Loss of appetite</li> <li>Irritability</li> <li>Tremors</li> <li>Panic</li> <li>Cramps</li> <li>Nausea</li> <li>Runny nose</li> <li>Chills and sweating</li> <li>Watery eyes</li> <li>Depression</li> <li>Vomiting</li> <li>Increased heart rate and blood pressure</li> </ul> |
| Morphine                   |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
| Codeine                    |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
| Hydrocodone                |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
| Hydromorphone              |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
| Oxycodone                  | Use can create psychological dependence. Long after the physical need for the drug has passed, the addict may continue to think and talk about using drugs and feel overwhelmed coping with daily activities. |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
| Methadone and LAAM         |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
| Fentanyl and analogs       |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |
| Other Narcotics            |                                                                                                                                                                                                               |                                                                                                                                                                                  |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                        |

| DEPRESSANTS—Uses and Effects |                                                                                                               |                                                                                                                                                                                         |                                                                                                                                                                                                    |                                                                                                                                                                         |
|------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Drugs                        | Dependence potential                                                                                          | Possible effects                                                                                                                                                                        | Effects of overdose                                                                                                                                                                                | Withdrawal syndrome                                                                                                                                                     |
| Chloral Hydrate              | Prolonged use of depressants can lead to physical dependence even at doses recommended for medical treatment. | <ul style="list-style-type: none"> <li>• Vomiting</li> <li>• Slurred speech</li> <li>• Disorientation</li> <li>• Drunken behavior without odor of alcohol</li> <li>• Amnesia</li> </ul> | <ul style="list-style-type: none"> <li>• Shallow respiration</li> <li>• Clammy Skin</li> <li>• Dilated pupils</li> <li>• Weak and rapid pulse</li> <li>• Coma</li> <li>• Possible death</li> </ul> | <ul style="list-style-type: none"> <li>• Anxiety</li> <li>• Insomnia</li> <li>• Tremors</li> <li>• Delirium</li> <li>• Convulsions</li> <li>• Possible death</li> </ul> |
| Barbiturates                 |                                                                                                               |                                                                                                                                                                                         |                                                                                                                                                                                                    |                                                                                                                                                                         |
| Benzodiazepines              |                                                                                                               |                                                                                                                                                                                         |                                                                                                                                                                                                    |                                                                                                                                                                         |
| Glutethimide                 |                                                                                                               |                                                                                                                                                                                         |                                                                                                                                                                                                    |                                                                                                                                                                         |
| Other Depressants            | Long-term use of depressants produces psychological dependence and tolerance.                                 |                                                                                                                                                                                         |                                                                                                                                                                                                    |                                                                                                                                                                         |

| STIMULANTS—Uses and Effects  |                                                                                                                                          |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                   |                                                                                                                                      |
|------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| Drugs                        | Dependence potential                                                                                                                     | Possible effects                                                                                                                                                                                                                        | Effects of overdose                                                                                                                                                                                               | Withdrawal syndrome                                                                                                                  |
| Cocaine                      | Tolerance, in which more and more drug is needed to produce the usual effects, can develop rapidly, and psychological dependence occurs. | <ul style="list-style-type: none"> <li>• Increase alertness</li> <li>• Euphoria</li> <li>• Increased pulse rate and blood pressure</li> <li>• Excitation</li> <li>• Insomnia</li> <li>• Loss of appetite</li> <li>• Paranoia</li> </ul> | <ul style="list-style-type: none"> <li>• Agitation</li> <li>• Increased body temperature</li> <li>• Hallucinations</li> <li>• Convulsions</li> <li>• Cardiovascular collapse</li> <li>• Possible death</li> </ul> | <ul style="list-style-type: none"> <li>• Depression</li> <li>• Anxiety</li> <li>• Drug craving</li> <li>• Extreme fatigue</li> </ul> |
| Amphetamine/ Methamphetamine |                                                                                                                                          |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                   |                                                                                                                                      |
| Methylphenidate              |                                                                                                                                          |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                   |                                                                                                                                      |
| Other Stimulants             |                                                                                                                                          |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                   |                                                                                                                                      |

| CANNABIS—Uses and Effects |                                                                                                                                              |                                                                                                                                                                                                         |                                                                                                               |                                                                                                                                           |
|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| Drugs                     | Dependence potential                                                                                                                         | Possible effects                                                                                                                                                                                        | Effects of overdose                                                                                           | Withdrawal syndrome                                                                                                                       |
| Marijuana                 | Long term, regular use can lead to physical dependence and withdrawal following discontinuation, as well as psychic addiction or dependence. | <ul style="list-style-type: none"> <li>• Impaired judgment</li> <li>• Euphoria</li> <li>• Relaxed inhibitions</li> <li>• Increased appetite</li> <li>• Disorientation</li> <li>• Cancer risk</li> </ul> | <ul style="list-style-type: none"> <li>• Fatigue</li> <li>• Paranoia</li> <li>• Possible psychosis</li> </ul> | <ul style="list-style-type: none"> <li>• Occasional reports of insomnia</li> <li>• Hyperactivity</li> <li>• Decreased appetite</li> </ul> |
| Tetrahydrocannabinol      |                                                                                                                                              |                                                                                                                                                                                                         |                                                                                                               |                                                                                                                                           |
| Hashish and hashish oil   |                                                                                                                                              |                                                                                                                                                                                                         |                                                                                                               |                                                                                                                                           |

| HALLUCINOGENS—Uses and Effects |                      |                                                                                                                                                                                               |                                                                                                                                                                                                                  |                                                             |
|--------------------------------|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| Drugs                          | Dependence potential | Possible effects                                                                                                                                                                              | Effects of overdose                                                                                                                                                                                              | Withdrawal syndrome                                         |
| LSD                            | Unknown              | <ul style="list-style-type: none"> <li>• Illusions and hallucinations</li> <li>• Altered perception of time and distance</li> <li>• Increased heart rate</li> <li>• Dilated pupils</li> </ul> | <ul style="list-style-type: none"> <li>• Longer, more intense "trip" episodes</li> <li>• Psychosis</li> <li>• Respiratory depression</li> <li>• Convulsions</li> <li>• Coma</li> <li>• Possible death</li> </ul> | <ul style="list-style-type: none"> <li>• Unknown</li> </ul> |
| Mescaline and peyote           |                      |                                                                                                                                                                                               |                                                                                                                                                                                                                  |                                                             |
| Phencyclidines and analogs     |                      |                                                                                                                                                                                               |                                                                                                                                                                                                                  |                                                             |
| Other hallucinogens            |                      |                                                                                                                                                                                               |                                                                                                                                                                                                                  |                                                             |

| ANABOLIC STEROIDS—Uses and Effects     |                      |                                                                                                                                                                                        |                                                             |                                                                                |
|----------------------------------------|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------------|
| Drugs                                  | Dependence potential | Possible effects                                                                                                                                                                       | Effects of overdose                                         | Withdrawal syndrome                                                            |
| Testosterone (Cypionate, Enanthate)    | Unknown              | <ul style="list-style-type: none"> <li>• Virilization</li> <li>• Acne</li> <li>• Testicular atrophy</li> <li>• Gynecomastia</li> <li>• Aggressive behavior</li> <li>• Edema</li> </ul> | <ul style="list-style-type: none"> <li>• Unknown</li> </ul> | <ul style="list-style-type: none"> <li>• Possible severe depression</li> </ul> |
| Nandrolone (Decanoate, Phenpropionate) |                      |                                                                                                                                                                                        |                                                             |                                                                                |
| Oxymetholone                           |                      |                                                                                                                                                                                        |                                                             |                                                                                |

## ALCOHOL USE AND HEALTH

Drinking too much can be harmful to your health. Most people who drink excessively are not alcoholics or alcohol dependent. Excessive alcohol use includes binge drinking, which is defined as five or more drinks on an occasion (within two or three hours) for men, and four or more drinks on an occasion (within two or three hours) for women. Other forms of excessive alcohol use include heavy drinking (15 or more drinks a week for men, eight or more drinks a week for women), and any drinking by pregnant people or people younger than 21 years. Excessive alcohol use leads to more than 95,000 deaths each year in the United States.

## THE STANDARD MEASURE OF ALCOHOL

In the United States, a standard drink is any drink that contains 0.6 ounces (14.0 grams or 1.2 tablespoons) of pure alcohol. Generally, this amount of pure alcohol is found in

- 12-ounces of beer (5% alcohol content).
- 8-ounces of malt liquor (7% alcohol content).
- 5-ounces of wine (12% alcohol content).
- 1.5-ounces of 80-proof (40% alcohol content) distilled spirits or liquor (e.g., gin, rum, vodka, whiskey).

## DEFINITIONS OF PATTERNS OF DRINKING ALCOHOL

Excessive drinking includes heavy drinking, binge drinking, and any drinking by pregnant women or people younger than age 21.

- Binge drinking, the most common form of excessive alcohol consumption, is defined as consuming
  - For women, 4 or more drinks during a single occasion.
  - For men, 5 or more drinks during a single occasion.
- Heavy drinking is defined as consuming
  - For women, 8 or more drinks per week.
  - For men, 15 or more drinks per week.

Most people who binge drink are not alcoholics or alcohol dependent.

According to the *Dietary Guidelines for Americans*, if you drink alcoholic beverages, do so in moderation, which is defined as no more than 1 drink per day for women and no more than 2 drinks per day for men. However, there are some persons who should not drink any alcohol, including those who are:

- Pregnant or trying to become pregnant.
- Taking prescription or over-the-counter medications that may cause harmful reactions when mixed with alcohol.
- Younger than age 21.
- Recovering from alcoholism or are unable to control the amount they drink.
- Suffering from a medical condition that may be worsened by alcohol.
- Driving, planning to drive, or participating in other activities requiring skill, coordination, and alertness.

## SHORT-TERM HEALTH RISKS

Excessive alcohol use has immediate effects that increase the risk of many harmful health conditions. These immediate effects are most often the result of binge drinking and include the following:

- Injuries, including traffic injuries, falls, drownings, burns, and unintentional firearm injuries.
- Violence, including intimate partner violence and child maltreatment. About 35% of victims report that offenders are under the influence of alcohol. Alcohol use is also associated with 2 out of 3 incidents of intimate partner violence. Studies have also shown that alcohol is a leading factor in child maltreatment and neglect cases, and is the most frequent substance abused among these parents.
- Risky sexual behaviors, including unprotected sex, sex with multiple partners, and increased risk of sexual assault. These behaviors can result in unintended pregnancy or sexually transmitted diseases.
- Miscarriage and stillbirth among pregnant women, and a combination of physical and mental birth defects among children that last throughout life.
- Alcohol poisoning, a medical emergency that results from high blood alcohol levels that suppress the central nervous system and can cause loss of consciousness, low blood pressure and body temperature, coma, respiratory depression, or death.

## **LONG-TERM HEALTH RISKS**

Over time, excessive alcohol use can lead to the development of chronic diseases, neurological impairments and social problems. These include but are not limited to:

- Neurological problems, including dementia, stroke and neuropathy.
- Cardiovascular problems, including myocardial infarction, cardiomyopathy, atrial fibrillation and hypertension.
- Psychiatric problems, including depression, anxiety, and suicide.
- Social problems, including unemployment, lost productivity, and family problems.
- Cancer of the mouth, throat, esophagus, liver, colon, and breast. In general, the risk of cancer increases with increasing amounts of alcohol.
- Liver diseases, including—
  - Alcoholic hepatitis.
  - Cirrhosis, which is among the 15 leading causes of all deaths in the United States.
  - Among persons with Hepatitis C virus, worsening of liver function and interference with medications used to treat this condition.
- Other gastrointestinal problems, including pancreatitis and gastritis.

<https://www.niaaa.nih.gov/alcohols-effects-health/alcohols-effects-body>.

<https://nida.nih.gov/drug-topics/alcohol>

## **VOLUNTARY TREATMENT, COUNSELING, OR REHABILITATION**

Douglas Education Center encourages any student who feels that they may have a problem with drugs or alcohol to seek treatment, counseling, or rehabilitation. Students are encouraged to meet with the Education Department or the Primary Campus Security Authority, in strictest confidence, for assistance in locating the appropriate source of help. Douglas Education Center will make every effort to work with any student who voluntarily seeks treatment, to assist them in completing their course of study.

Information on alcohol and drug use and abuse are located in the Student Lounge. Students are encouraged to take this information and share it with others. Students may also find useful information here: <https://www.samhsa.gov/find-help/prevention>.

## **OPIOID OVERDOSE EDUCATION AND NALOXONE NASAL SPRAY**

Douglas Education Center (DEC) is proactively providing Narcan Nasal Spray at multiple locations throughout our campus. Narcan Nasal Spray can reverse the effects of an opioid emergency by restoring breathing while waiting for emergency personnel to arrive. In addition, DEC has provided resources on how to administer the spray.

Campus locations for Narcan Nasal Spray are listed below:

| Narcan Nasal Spray Locations |                                      |
|------------------------------|--------------------------------------|
| Building                     | Location                             |
| Welcome Center               | Reception Desk                       |
| 7th Street Admin Building    | Mail Room                            |
| 8th Street Savini Building   | First Aid Kit - Instructor's Lounge  |
| Van Keulen Building          | Room 106 Director of Career Services |
| Van Keulen (Massage)         | Massage Lecture Classroom            |
| Film Building                | Equipment Center                     |
| Cosmetology                  | Room 201/Director's Office           |
| Advanced Cosmetic Techniques | Instructor's Office                  |
| 30 Donner                    | Instructor's Office                  |
| CDL Range                    | Truck First Aid Kit                  |
| CDL Range                    | Truck First Aid Kit                  |

### SUBSTANCE ABUSE TREATMENT CENTER

When a substance abuse problem is suspected, a referral to SPHS can be initiated by the student or Douglas Education Center. Seeking help for a substance abuse problem will not jeopardize a student's education, rights, security or confidentiality.

For assessment, information, counseling, referral and follow-up services, the following can be contacted:

Southwestern Pennsylvania Human Services, Inc.  
 Mon Valley D&A Outpatient / Behavioral Health  
 2 Eastgate Avenue  
 Monessen, PA 15062  
 (724) 684-6489  
<https://www.sphs.org/southwest-behavioral-care.html>

Westmoreland Drug & Alcohol Commission, Inc.  
 1200 Maronda Way, Suite 300  
 Monessen, PA 15062  
 (724) 243-2220  
<https://wedacinc.org/>

Alcoholics Anonymous  
<https://www.aa.org/>

### BIENNIAL REVIEW

The Education Department and the Primary Campus Crime Authority will review the **DRUG AND ALCOHOL ABUSE PREVENTION POLICY** at least once every two years, to determine effectiveness and institute modifications as necessary.